

# NFL Quarterback Russell Wilson Shows Us How to Live with Hope and Love for Others

## Primary Virtues / Character Traits

**Hope:** confident expectation of achieving a goal or wish; hopes are realized in building a strategy to achieve the goal and then implementing the strategy.

**Love:** to freely give of ourselves for the betterment of another person, without expecting anything in return

**Family Dedication / Support:** complete dedication for the well-being of other members of our family, physically, emotionally and spiritually, motivated by love

**Gratitude:** the quality of being thankful; readiness to show appreciation for and to return kindness.

## Secondary Virtues / Character Traits

**Solidarity:** unity from a shared common purpose and / or interest; active loyalty within a group; mutual support within a group; being present with others

**Generosity:** giving freely of our own possessions, time and/or talent.

**Grit:** living with passion and perseverance over the long term in pursuit of a goal.

# Character Action Media

*Connecting Virtues to Our World*

[www.characteractionmedia.com](http://www.characteractionmedia.com)

Current Links in Education

Copyright 2016