

School Bus Driver Delivers Lessons on Building Caring & Joyful Communities

Caring: to help others; a caring person lives with empathy in trying to understand another person's situation, compassion in desiring to help others, and with generosity in acting to help

Empathy: trying to understand another person's situation, entering into the feeling or spirit of others and imagining yourself in another person's situation.

Compassion: Feeling of sympathy for the distress of others, with the desire to help

Generosity: to freely give of ourselves with possessions, time and / or talent for the betterment of another person, and when we do this without expecting anything in return this is **love**

Respect for Others: showing full appreciation of the worth and dignity of others; living by "the golden rule": do unto others as you would want done unto you

Solidarity: unity from a shared common purpose and / or interest; active loyalty within a group; mutual support within a group; being present with others

Gratitude: showing appreciation for kindness and returning kindness; being thankful for all of the good things like family, friends and others who support us and care for us, health, home, opportunity and freedom.