

Character Action Media

Random Acts of Kindness – small acts that make a big difference for ourselves and others

Primary Virtues / Character Traits

Caring: to help others; a caring person lives with empathy in trying to understand another person's situation, compassion in desiring to help others, and then with generosity in acting to help

Empathy: trying to understand another person's situation, entering into the feeling or spirit of others and imagining yourself in another person's situation

Compassion: feeling of sympathy for the distress of others, with the desire to help

Generosity: giving freely of our own possessions, time and /or talent

Solidarity: unity from a shared common purpose and / or interest; active loyalty within a group; mutual support within a group; being present with others

Secondary Virtues / Character Traits

Love: to freely give of ourselves for the betterment of another person, without expecting anything in return

Hero: a person who is regarded as a model due to his/her acts of courage, or nobility of purpose and noble qualities

Wisdom: ability to apply knowledge, experience, understanding in ways that are effective and good; the ability to discern or judge what is true, right, or lasting