

Character Action Media

Teacher and Student Share the Gift of Serenity

Primary Virtues

Serenity — the state of being calm, peaceful

Wisdom — ability to apply knowledge, experience, understanding in ways that are effective and good; the ability to discern or judge what is true, right, or lasting

Courage - the capacity to meet danger and difficult situations without giving way to fear; to have the courage of one's convictions; to be willing to put one's opinions into practice.

Secondary Virtues

Fortitude - mental and emotional strength in making the right decisions in the face of difficulty, adversity, danger, or temptation.

Perseverance—trying hard and continuously despite obstacles and difficulties

Generosity—giving freely of our own possessions, time and/or talent

Related Topics

Resilience: the ability to recover from, or adjust to change and difficulties. Probably not a virtue but the result of living out the virtues

Serenity Prayer

Grant me the serenity to accept the things I cannot change,
the courage to change the things I can,
and the wisdom to know the difference.

Character Action Media

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