

Character Action Media

The Art of Caring

Primary Virtues

Caring: to help others; a caring person tries to understand another person's situation (empathy), desires to help others (compassion), and then acts in helping others (generosity).

Solidarity: being present with others, unity from a shared common purpose and / or interest; active loyalty within a group; mutual support within a group

Wisdom: ability to apply knowledge, experience, understanding in ways that are effective and good. The ability to discern or judge what is true, right, or lasting

Secondary Virtues

Compassion: feeling of sympathy for the distress of others, with the desire to help

Empathy: trying to understand another person's situation, entering into the feeling or spirit of others and imagining yourself in another person's situation.

Generosity: giving freely of our own possessions, time and/or talent.

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Connecting Virtues to Our World

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